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Let $\phi: M^n \rightarrow S^{n+1}(1)$ be an immersion of a compact n -manifold into the Euclidean unit $(n+1)$ -sphere, and h the second fundamental form of ϕ . By $\overset{\circ}{h}$ we denote the traceless part of h i.e.,

$$\overset{\circ}{h} = h - \frac{1}{n}(\text{tr}_g h)g,$$

where g is the metric on M induced by ϕ . Define $w(\phi)$ by

$$w(\phi) = \int_{M^n} |\overset{\circ}{h}|^n dv_g .$$

It is easy to see that $w(\phi)$ is a conformal invariant of the immersion ϕ , that is, $w(\phi) = w(a\phi)$ for any Möbius transformation $a \in \text{Conf}(S^{n+1})$. The famous Willmore conjecture is stated as follows: For any immersion $\phi: T^2 \rightarrow S^3(1)$ of 2-dimensional torus into the unit 3-sphere, the following will hold: (i) $w(\phi) \geq w(\phi_{\text{Clifford}})$, where $\phi_{\text{Clifford}}: T^2 \rightarrow S^3(1)$ is the Clifford embedding $S^1(1/\sqrt{2}) \times S^1(1/\sqrt{2}) \subset S^3(1)$: (ii) $w(\phi) = w(\phi_{\text{Clifford}})$ if and only if ϕ is conformal to ϕ_{Clifford} , that is, there exists a Möbius transformation $a \in \text{Conf}(S^3)$ such that $\phi = a\phi_{\text{Clifford}}$.

We consider the same problem for $S^2 \times S^2$. In order to state our

result, we introduce a conformal invariant $\nu(g)$ of a Riemannian metric g of a compact n -manifold M , which is defined by

$$\nu(g) = \int_M |W_g|^2 dv_g, \quad \frac{n}{2}$$

where W_g is the Weyl conformal curvature tensor of g . It is easy to see that $\nu(g)$ depends on the conformal class of the metric g .

Theorem A. Let $\phi: S^2 \times S^2 \rightarrow S^5(1)$ be an immersion, and g is the induced metric on $S^2 \times S^2$. Assume that

$$(*) \quad \nu(g) \geq \frac{256}{3} \pi^2.$$

Then, (i) $w(\phi) \geq w(\phi_{\text{Clifford}})$;

(ii) $w(\phi) = w(\phi_{\text{Clifford}})$ if and only if ϕ is conformal to the Clifford embedding $\phi_{\text{Clifford}}: S^2(1/\sqrt{2}) \times S^2(1/\sqrt{2}) \subset S^5(1)$.

The author thinks the assumption (*) may be unnecessary. We have the following result which partially supports this conjecture. We denote by $\mathcal{M}(M)$ the space of all smooth Riemannian metrics of M .

Theorem B ([4], [5]). The functional $\nu: \mathcal{M}(S^2 \times S^2) \rightarrow \mathbb{R}$ has the following properties: (0) $\nu(g_0) = 256\pi^2/3$ for the standard Einstein metric g_0 ; (i) if g is a Kähler metric for some complex structure, then $\nu(g) \geq \nu(g_0)$; (ii) g_0 is a "strictly" stable critical point of the functional ν ; (iii) $\nu(g) > 64\pi^2$, if the scalar curvature of g is nonnegative.

From (i), we can see, for example, that $\nu(g) \geq \nu(g_0)$ for any product metric $g = g_1 + g_2$, $g_i \in \mathcal{M}(S^2)$. In (ii), "strictly" means that

$(\frac{d}{dt})^2 \Big|_{t=0} \mathcal{V}(g(t)) \geq 0$ for any variation $g(t)$ with $g(0) = g_0$, and the equality holds only when $(\frac{d}{dt}) \Big|_{t=0} g(t) = f g_0 + \mathcal{L}_X g_0$ for some function f and some vector field X .

§1. Total conformal curvature.

In this section, we shall give a brief review on the conformal invariant $\nu(g)$ (cf. [4], [5]).

From the conformal invariance of $\nu(g)$, we have

$$(a) \quad \nu(g) = \left[\sup \left\{ \frac{\int |W_{\tilde{g}}|^2 dv_{\tilde{g}}}{(\int dv_{\tilde{g}})^{\frac{n-4}{n}}}; \tilde{g} \text{ is conformal to } g \right\} \right]^{\frac{n}{4}};$$

$$(b) \quad \nu(g) = \inf \{ \text{Vol}(M, \tilde{g}); \tilde{g} \text{ is conformal to } g, \text{ and } |W_{\tilde{g}}(x)| \leq 1 \text{ for all } x \in M \}.$$

The expression (a) bears some resemblance to the Yamabe constant $\mu(g)$, which is defined by

$$\mu(g) = \inf \left\{ \frac{\int R_{\tilde{g}} dv_{\tilde{g}}}{(\int dv_{\tilde{g}})^{\frac{n-2}{n}}}; \tilde{g} \text{ is conformal to } g \right\}.$$

For the Yamabe constant μ , it is known that $\inf \{ \mu(M, g); g \in \mathcal{M}(M) \} = -\infty$, if $n = \dim M \geq 3$. Correspondingly, we have

$$(c) \quad \sup \{ \nu(g); g \in \mathcal{M}(M) \} = +\infty, \text{ if } \dim M \geq 4.$$

This property motivates us to the following definition.

Definition 1.1. $\nu(M) := \inf \{ \nu(g); g \in \mathcal{M}(M) \}.$

From the expression (b) of $v(g)$, we can see

(d) $v(M) \leq c_n \text{Min Vol}(M)$ for some constant c_n depending on $n = \dim M$,
where $\text{Min Vol}(M) = \inf\{\text{Vol}(M, g); |\text{sect. curv. of } g| \leq 1\}$ ([3]).

If M admits a free S^1 action, then $\text{Min Vol}(M) = 0$ ([3]), hence $v(M) = 0$. For example, $v(S^2 \times S^3) = 0$. Since $S^2 \times S^3$ has no conformal flat metrics, $v(M) \neq 0$ does not always imply that M has a flat conformal structure.

As for lower bounds of $v(M)$, we have

(e) For any Pontrjagin number p , there is a constant c_p such that
 $|p(M)| \leq c_p v(M)$.

In particular, if $\dim M = 4$, we have

(f) $48\pi^2 |\text{sgn}(M)| \leq v(M)$. If M admits a half conformally flat metric,
then the equality holds.

It is known that a connected sum of conformally flat manifolds admits a flat conformal structure ([6]). The following is related to this fact.

(g) $v(M_1 \# M_2) \leq v(M_1) + v(M_2)$.

From (f) and (g), we can see, for example, that $v(k\mathbb{C}P^2) = 48k\pi^2$. There exist M_1 and M_2 for which the strict inequality of (g) holds. For example, it is the case when $M_1 = \mathbb{C}P^2 \# \mathbb{C}P^2$ and $M_2 = -\mathbb{C}P^2$.

In dimension 4, the Gauss Bonnet formula gives some information on $v(g)$.

(h) Suppose that $\dim M = 4$ and $g \in \mathcal{M}(M)$ is a Kähler metric for some complex structure of M . Then,

$$v(g) \geq -16\pi^2 \text{sgn}(M) + \frac{64}{3}\pi^2 \chi(M),$$

with equality implying that g is a Kähler Einstein metric.

From this, we see (0) and (i) of Theorem B.

(i) If $\dim M = 4$, then $v(g) \geq 32\pi^2 \chi(M) - \mu(g)^2/6$,

with equality implying that g is conformal to an Einstein metric.

Since $S^2 \times S^2$ admits no conformally flat metrics, we have $\mu(g) < 8\sqrt{6}\pi$ for any $g \in \mathcal{M}(S^2 \times S^2)$ (cf. [1]), which shows (iii) of Theorem B.

To show (ii) of Theorem B, we compute variational formulas for $v: \mathcal{M}(M) \rightarrow \mathbb{R}$. When $\dim M = 4$, these formulas take relatively simple form. For details, see [4].

§2. Proof of Theorem A.

In this section, we prove the following result, which is a generalization of Theorem A.

Theorem 2.1. Let $\phi: S^p \times S^p \rightarrow S^{2p+1}(1)$ be an immersion, and $g \in \mathcal{M}(S^p \times S^p)$ the induced metric. Assume that $p \geq 2$ and

$$(2.1) \quad v(g) \geq v(g_0),$$

where g_0 is the standard Einstein metric, i.e., $(S^p \times S^p, g_0) = S^p(1) \times S^p(1)$. Then, (i) $w(\phi) \geq w(\phi_{\text{Clifford}})$; and

(ii) $w(\phi) = w(\phi_{\text{Clifford}})$ if and only if ϕ is conformal to the Clifford embedding $\phi_{\text{Clifford}}: S^p(1/\sqrt{2}) \times S^p(1/\sqrt{2}) \subset S^{2p+1}(1)$.

Remark. If p is odd, the assumption (2.1) looks too restrictive, since we know from (d) in §1 that $v(S^p \times S^p) = 0$ for odd p .

Proof. From the Gauss equation, the curvature tensor of g is given by

$$R_{ijkl} = g_{ik}g_{jl} - g_{il}g_{jk} + h_{ik}h_{jl} - h_{il}h_{jk},$$

where h is the second fundamental form of ϕ . From this, a direct calculation shows

$$(2.2) \quad |W_g|^2 = 2 \frac{n-2}{n-1} |h^\circ|^4 - \frac{2n}{n-2} |(h \circ h)^\circ|^2 \leq 2 \frac{n-2}{n-1} |h^\circ|^4,$$

where $n = 2p$, and

$$h_{ij}^\circ = h_{ij} - \frac{1}{n} (\text{tr}_g h) g_{ij}, \quad (h \circ h)_{ij}^\circ = h_{ik}^\circ h_{kj}^\circ - \frac{1}{n} |h^\circ|^2 g_{ij}.$$

Hence,

$$(2.3) \quad w(\phi) \geq \left(\frac{2p-1}{4(p-1)} \right)^{p/2} v(g).$$

It follows from (2.2) that the equality in (2.3) occurs only when $(h \circ h)^\circ \equiv 0$. This equality condition is equivalent to that at each point, either ϕ is umbilic or ϕ has two distinct principal curvatures each of which is of multiplicity p . Thus the argument used by Cecil and Ryan [2] shows that $w(\phi) = ((2p-1)/(4(p-1)))^{p/2} v(g)$ if and only if ϕ is conformal to the embedding

$$\phi_\alpha: S^p(\sqrt{\frac{1}{\alpha+1}}) \times S^p(\sqrt{\frac{\alpha}{\alpha+1}}) \subset S^{2p+1}(1).$$

for some α .

In particular, for the Clifford embedding $\phi_{\text{Clifford}} = \phi_1$,

$$(2.4) \quad w(\phi_{\text{Clifford}}) = \left(\frac{2p-1}{4(p-1)}\right)^{\frac{p}{2}} v(g_0).$$

Hence, from (2.3), (2.4) and the assumption (2.1), we have

$$w(\phi) \geq \left(\frac{2p-1}{4(p-1)}\right)^{\frac{p}{2}} v(g) \geq \left(\frac{2p-1}{4(p-1)}\right)^{\frac{p}{2}} v(g_0) = w(\phi_{\text{Clifford}}),$$

which proves the assertion (i).

Now, suppose $w(\phi) = w(\phi_{\text{Clifford}})$. Then by the above argument, ϕ must be conformal to ϕ_α for some α . Moreover, then $v(g_0) = v(S^p(1/\sqrt{\alpha+1}) \times S^p(\sqrt{\alpha}/(\alpha+1)))$ should hold. On the other hand, we get, by direct calculation

$$v(S^p(\sqrt{\frac{1}{\alpha+1}}) \times S^p(\sqrt{\frac{\alpha}{\alpha+1}})) = \left\{1 + \frac{(\sqrt{\alpha}-1)^2}{2\sqrt{\alpha}}\right\}^p v(g_0).$$

Therefore, $\alpha = 1$, and ϕ is conformal to ϕ_{Clifford} . \square

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